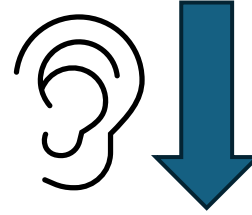
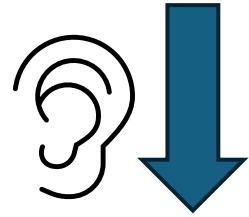
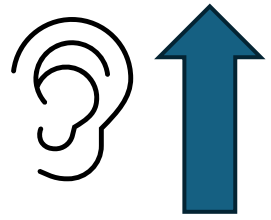




# Das 4 Ohren Modell



Wut



Schuld, Scham



Selbstempathie



Empathie

